



PASSOVER TIKKUN OLAM* CHECK-IN

*Tikkun Olam = Repairing the World

Passover is about our ongoing relationship to liberation, oppression, leadership, and power.

Every year, we tell and re-tell the miraculous story of the enslaved Israelites' exodus from Egypt, and recount the many obstacles they had to overcome before they reached the promised land of Israel. It's common practice for Seder attendees to view Passover as an opportunity to reflect on their personal relationships to oppression, posing questions such as, "*How does my life mimic the lives of the ancient Israelites?*" Or, "*How am I oppressed?*" Or "*What responsibilities come with the freedoms I enjoy?*"

Such conversations can be meaningful and fruitful, but sometimes they can be a little anti-climactic, leaving us without a plan in place to recognize our power to make real change in the world.

This worksheet is designed for Honeymoon Israel couples to make a plan. We invite you to use this worksheet at the Passover dinner table as a guide to design and implement your very own unique, customizable, *Tikkun Olam* strategy.

Tikkun Olam is a concept in Judaism that means "repair the world." Our hope is for you to consider Passover as an invitation to reflect on your relationship to the ancient story of liberation, and to connect deeply in a shared vision of social justice.

TIKKUN OLAM/ REPAIRING THE WORLD CHECK-IN FOR COUPLES

An exercise in
family, action, &
justice



CHILDHOOD

What was your understanding of social justice as a child? Did you receive any messages from the adults in your life about justice-related causes or topics? If so, were they rooted in any particular faith or cultural tradition?

MEMORY & DRIVE

Have you and your partner engaged in any social justice work or learning together in the past? If so, what are some of your favorite memories from that work? If not, how come? Either way, what compelled you to engage in this conversation tonight?

HEART

What justice issues do you care most about as an individual and as a couple? Are there specific populations or causes you are drawn to investing your time and/or resources in?

ACTION

What is your current justice practice as an individual? (Don't feel the need to inflate your response here. Justice work can look like learning about systemic racism, donating money to orgs you care about, attending workshops, and even voting!)

ACCOUNTABILITY

What intimidates or scares you about deepening your commitment to social justice this year? Can you foresee any obstacles standing in your way? How can you hold yourself and each other accountable for the intentions you set tonight?

THE 5 "T"'S OF TIKKUN OLAM/ REPAIRING THE WORLD

Which of these 5 *Tikkun Olam* categories speak to you as a couple? Use the space in each section to write out some of your thoughts. Whether you choose to focus on 1, 2, or all 5, you'll be doing holy work together.



TAKING STOCK

What we spend our time listening to, watching, reading, and discussing can have a tremendous impact on the world around us! Can you and your partner find time once a week to dedicate some Netflixing or podcasting time to social-justice-themed programming?

TRAINING

So many trainings to choose from! Everything from anti-racism workshops, LGBTQ allyship, gaining credentials to become a crisis hotline responder. The world is your oyster when it comes to what you and your partner can learn and achieve together.

TALENT

Many of us have valuable personal and professional skills to lend to organizations and movements we care about. Consider sitting on a board of directors, donating pro bono legal, design, accounting, or HR services, or even helping out with strategic planning!

TREASURE

Establishing a regular practice of giving money to organizations and causes you care about is an easy way to engage in justice work as a family. Don't feel overwhelmed by a need to make large gifts. What matters is your intention behind giving.

TIME

Volunteering, showing up to protests, helping to register people to vote, organizing and/or participating in actions are just a few examples of ways you and your partner can spend *Tikkun Olam* time together.